

Frequently Asked Questions

1. Do I have to take the 4 hour UNC class also?



No.

Carpe Diem will fulfill the requirement of UNC and the court's 15-hour diversion program. The court may assign you additional tasks depending on your charges.

2. When do groups meet?

Groups are offered throughout the school year and summer. Groups meet once a week from 5:30-7:30pm. Contact the Director for a group schedule.

3. Where do groups take place?

Groups are held on the campus of UNC-CH. You will be notified of the exact location of the group via email.

4. How will the court and my school know that I successfully completed Carpe Diem?

After completing all the requirements of Carpe Diem, you will be given proof of completion to turn into the court and to your university.

5. Is this substance abuse treatment?

No. Carpe Diem is only an educational group.

6. What should I bring to the first group?

Participants are required to bring a photo ID, a copy of their substance abuse assessment and court papers, a class schedule, and writing materials.

Carpe Diem Mission

To use a non-judgmental approach to give students a chance to reflect on their college experiences, analyze their priorities, clarify their aspirations, and make plans to achieve their goals.

Carpe Diem Background

Carpe Diem is a program of the Coalition for Alcohol & Drug Free Teenagers of Chapel Hill and Carrboro, Inc. a local non-profit organization. It was developed by a group of community professionals interested in offering alcohol education options for area students charged with alcohol-related violations. Carpe Diem partnered with the University of North Carolina to tailor an alcohol awareness and life skills program specifically designed for college students. Alcohol education is an important component of Carpe Diem, but it is not the sole focus of the program.

What are the Program Fees?

The program fee is \$250.00

Program fees must be paid in full to secure your spot in a group. Registration is first-come, first-served. Checks, cash, credit cards and money orders are accepted. Visit our website for credit card instructions. Make checks payable to "Carpe Diem" and include your name on payments. You may mail your checks to:

Trish Halsey, LCSW

Carpe Diem, Director

Post Office Box 2414

Chapel Hill, NC 27515-2414

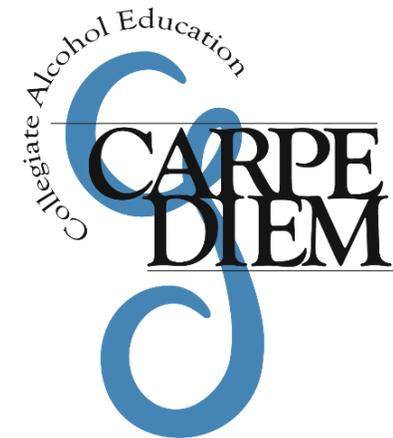
Phone: (919) 929-7087

Email: director@carpediemnc.org

www.carpediemnc.org

CARPE DIEM

Seize the day...



...seize your college experience.

**THE PREFERRED ALCOHOL EDUCATION
PROGRAM OF UNC - CHAPEL HILL**

WHO IS ELIGIBLE FOR CARPE DIEM?

Full-time college students who:

- Are first-time offenders that have an alcohol-related charge.
- Were offered a deferred prosecution from the District Attorney.
- Have completed a substance abuse assessment or screening by their university health services provider or other licensed agency



15 Total Hours

- Class length is 6 weeks.
- Five, 2-hour sessions.
- Five hours of individual and team projects.

“Our focus is on risk reduction, stress management, alcohol education, replacement behaviors, self-awareness and effective interpersonal skills.”

WHY CHOOSE CARPE DIEM?



Carpe Diem is held on UNC’s campus and is **specifically** designed to be relevant for college students.

Groups cater to UNC’s schedule and will not interfere with any holidays or campus breaks. Summer sessions available.



Over 98% of students who take Carpe Diem, say they would recommend the program to a friend.

Many participants know one another and work together to fulfill the requirements.



Student feedback and ideas are continually incorporated, making this the most unique and tailored diversion program available.

WHAT STUDENTS ARE SAYING:

“Thank you so much for all you have done for me. The program was one of the most informative classes I have ever taken & I believe it should be taught to all college students.”



“Carpe Diem helped me branch out & broaden my interests.”



“Thanks for a great class. I thought you did an excellent job making the class both educational & enjoyable.”

“There is valuable information shared in Carpe Diem that is hard to obtain elsewhere.”

“I highly recommend Carpe Diem to any college student who wants to have their alcohol charges dismissed.”

